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FOR IMMEDIATE RELEASE



## MoU Signed to Provide Employee Wellness Groups

KOKOMO, Ind. - On Tuesday, June 9, 2020 Four County and Bona Vista Programs, Inc. signed a memorandum of understanding (MoU). This agreement was made with the focus of providing employee wellness groups for Bona Vista staff.

All employees will have the opportunity to join these groups virtually for an hour at a time on a monthly basis. The first group will be held Wednesday, July 29th and hosted by Jennifer Johnson, a Four County Outpatient Therapist.

Brianne Boles, President/CEO of Bona Vista Programs said, "This partnership will further allow Bona Vista to support staff as they work alongside those with disabilities. We have also taken into great consideration the impact that the current public health emergency has had on staff. We are offering these groups in hopes that staff feel further support during these trying times. Bona Vista and Four County have had a long standing relationship providing collaborative care to the individuals in our programs, and the extension of Four County support to our staff is an exciting endeavor!"

This partnership will focus on topics such as:

- Stress
- Depression
- Anxiety
- Burnout

"Four County is excited about this partnership with Bona Vista and the ability to serve their staff in ensuring wellness," said Lisa Willis-Gidley, Vice President of Operations. "Four County provides an array of services for mental and emotional wellness for both businesses, as well as the individual clients we serve. This partnership allows for Bona Vista staff to gain support and education from one of Four County's therapist so they have tools to manage stressful or difficult situations that can be found in daily personal and work life."

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