

The Child Care Circle

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accountability

noun ac·count·abil·i·ty \ə-ˌkaʊn-tə-'bi-lə-tē\

<http://www.merriam-webster.com/dictionary/accountability>



Definition of ACCOUNTABILITY

: the quality or state of being **accountable**; *especially* : an obligation or willingness to accept responsibility or to **account** for one's actions

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In order to really maximize our services of technical assistance and coaching, you must take accountability for the goals you set for your program. What is accountability? The definition shown above speaks to accepting responsibility. This could be accepting responsibility for when goals are not met or things do not go the way we plan; accountability needs to be sought and claimed when success happens as well. Accountability requires a level of ownership that includes making, keeping and answering for commitments both personal and professional. Such a perspective embraces both current and future efforts.

Sometimes it is helpful to seek out someone to support you in your accountability, as those that are truly successful engage the help of an accountability partner. The concept of having an accountability partner has been around for many years. An accountability partner should be able to provide you with guidance and motivation to keep working toward your goals.

When you share your goals with someone else, it requires you to accept responsibility for your actions and to stay true to your commitments. When searching for an accountability partner, you want to find someone who will help you stay focused on the steps toward achieving your goal. This person should also be someone that you trust and can help you learn. You should be able to be open about the goals and results you wish to achieve, as well as have open and clear communication with your accountability partner. As you are looking to identify an accountability partner, you could consider a family member, a friend, peer or CCS coach. The goal is to have someone who will be a cheerleader for you as you work toward goals and who will also hold you responsible to your goals if you falter. This person should also be someone whom you respect and has an understanding of what your goals are and why.

Once you have selected an accountability partner, the idea is to hold regular meetings with them. This will help challenge, motivate, mentor, encourage and inspire you to achieve maximum results. As you meet, you will have the benefits of accountability and responsibility; idea sharing, creativity and brainstorming sessions; and motivational support.

So, going into 2017, what are your goals? You can think both professionally and personally. Who could help you stay accountable to those goals? Reach out to them today and schedule a meeting.

<https://www.goal-setting-guide.com/the-role-of-an-accountability-partner-in-goal-achievement/#comments>
<https://www.asme.org/career-education/articles/management-professional-practice/how-to-create-a-culture-of-accountability>

Creative Corner Shorts

2017 A year of _____

Fill in the blank! What will this year hold for you and your children? Celebrations of good times and making memories? Kindness? Growth and Learning? With the new year starting, many people often make New Years Resolutions. This year involve your children in starting a new practice. Here are some suggestions.



Memory Jar

Every day, take a moment to write down a memory from that day and put it into a jar. (Be sure to include the date and children's names if you want to share them with families later.) You could do this for the group as a whole or focus on one child everyday. At Thanksgiving time or at the end of the year, you can then revisit each of those memories.

Photo credit <http://www.aliceandlois.com/diy-memory-jar-a-year-of-adventure-laughter-and-memories/>.

A Year in the Life

Start an annual album of your child care. As you take pictures throughout the year, keep notes on what was going on or special for those photos. You can use an online service such as SnapFish or Shutterfly to create a photo book of memories from the year.

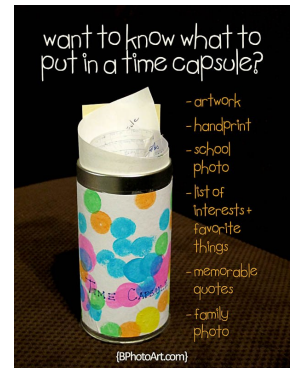
Annual Time Capsule

Create a time capsule for each child. Put in a picture of the child, their handprint, artwork, maybe a favorite quote that they've said - anything that will show who they are right now. Put it in a safe place, and open it at the end of the year.

Photo credit <http://bphotoart.com/make-yearly-time-capsule/>.

Word of the Week

Teach and use a new word every week. Watch as the children's vocabulary flourishes!



Webinar



Are you looking for training hours close to home? Child Care Solutions is pleased to offer webinar opportunities on our training calendar!

Topics and times can be found on our training calendar on the next page. To register, contact us at least 48 business hours in advance of the webinar. You will receive an email before the webinar with the link to log in to the session.

Questions? Contact Allison at Child Care Solutions at 800-493-3231 or ahillis@bonavista.org.

Health and Safety Orientation Training

Child Care Solutions will continue to offer the Health and Safety Orientation face to face once a month. The following is a break down of the four part and five part series.

- Health and Safety Day 1: Child Development**
- Health and Safety Day 2: Nutritional Practices and Food Allergies**
- Health and Safety Day 3: Vaccinations and Medications**
- Health and Safety Day 4: Safety Practices**

- Child Development-Module 1-Age 0-5 years**
- Health-Module 2, Part 1: Nutritional Practices**
- Health-Module 2, Part 2: Vaccinations and Medications**
- Safety-Module 3, Part 1: Building the Basics**
- Safety-Module 3, Part 2: Hazards**

Module 4: School Age Child Development

Sensory Processing Disorder

We often have parents tell us that their child has sensory processing. I hope so, we all have sensory processing! That is how our brain processes the information sent by our senses. Many times what they are referring to is Sensory Processing Disorder (SPD). This is what happens when the brain cannot process those sensations correctly.

Just think of when you walk by a perfume counter at the department store. Some people enjoy the scents that they smell. Others don't notice the difference in the atmosphere. On the other hand, some people hold their breath and walk quickly through it so they don't feel assaulted by the smells. This last scenario is a person who has learned to cope with the processing of the smell. If someone cannot do that and runs screaming from the area you know that they most likely have SPD!

So let us transfer this to our child care sites. Our job as child care providers is to help the child with SPD learn to cope with the overwhelming feelings that come with SPD. We need to look for coping skills to help them.

I will help you find those skills in my new training: **WON'T TOUCH THIS! HOW TO DEAL WITH SENSORY PROCESSING DIFFICULTIES IN YOUR CLASSROOM.** Look for it on the enclosed professional development calendar in both a face to face session and webinar session.

CHILD CARE SOLUTIONS' TRAINING CALENDAR

Day	Date	Time	Title	CDA	County
Wednesday	01/04/2017 01/18/2017	6:00-8:00 PM	Out Plan Them: Environmental Behavior Management, Part 1 Out Plan Them: Environmental Behavior Management, Part 2	CDA01 - 1.00hrs., CDA03 - 1.00hrs. CDA01 - 1.00hrs., CDA03 - 1.00hrs.	Fulton
Wednesdays	01/04/2017 01/11/2017 01/18/2017 01/25/2017	6:00-8:30 PM	Health and Safety Day 1 of 4- 2.5 hrs (INHS) Health and Safety Day 2 of 4- 2.5 hrs (INHS) Health and Safety Day 3 of 4- 2.5 hrs (INHS) Health and Safety Day 4 of 4- 2.5 hrs (INHS)	CDA01 - 2.50hrs. CDA01 - 2.50hrs. CDA01 - 2.50hrs. CDA01 - 2.50hrs.	Howard
Thursdays	01/05/2017 01/19/2017	6:00-8:00 PM	Kids Gone Wild: Promoting Social Emotional Competence in Preschoolers, Pt. 1 Kids Gone Wild: Promoting Social Emotional Competence in Preschoolers, Pt. 2	CDA03 - 2.00hrs. CDA03 - 2.00hrs.	Howard
Friday	01/06/2017	1:00-2:00 PM	Webinar: First Friday Foundations: Bringing the Outdoors In, Science	CDA02 - 1.00hrs.	Online
Tuesdays	01/10/2017 01/24/2017	6:00-8:00 PM	Out Plan Them: Environmental Behavior Management, Part 1 Out Plan Them: Environmental Behavior Management, Part 2	CDA01 - 1.00hrs., CDA03 - 1.00hrs. CDA01 - 1.00hrs., CDA03 - 1.00hrs.	Adams
Wednesday	01/11/2017	10:00-12:00 AM 12:30-2:30 PM	Orientation I-Overview for participants who are interested in starting the business of child care Child Abuse and Neglect Detection and Prevention		TBD
Thursdays	01/12/2017 01/26/2014	6:00-8:00 PM	Out Plan Them: Environmental Behavior Management, Part 1 Out Plan Them: Environmental Behavior Management, Part 2	CDA01 - 1.00hrs., CDA03 - 1.00hrs. CDA01 - 1.00hrs., CDA03 - 1.00hrs.	Tipton
Thursday	01/12/2017	4:00-6:00 PM	Introduction to the NEW Indiana Early Learning FOUNDATIONS	CDA01 - 1.00hrs., CDA02 - 1.00hrs.	Howard
Saturdays* Must commit to all four Saturdays.	01/14/2017 01/28/2017 02/11/2017 03/18/2017	9:30 AM-5:00 PM	Setting the Stage: Creating Safe, Healthy, and Engaging Learning Environments Pt. 1 Setting the Stage: Creating Safe, Healthy, and Engaging Learning Environments Pt. 2 Setting the Stage: Creating Safe, Healthy, and Engaging Learning Environments Pt. 3 Setting the Stage: Creating Safe, Healthy, and Engaging Learning Environments Pt. 4	CDA01 - 7.50hrs. CDA01 - 7.50hrs. CDA02 - 7.50hrs. CDA02 - 7.50hrs.	Grant
Monday	01/16/2017	1:00-3:30 PM	Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care	CDA01 - 2.50hrs.	TBD
Thursday	01/19/2017	12:00-2:00 PM	School Age Child Development Module 4 (INHS)	CDA01 - 2.00hrs.	Howard
Wednesday	01/25/2017	10:00 AM-1:00 PM	Orientation II-A requirement for family child care providers to become licensed		TBD
Thursday	01/26/2017	6:00-8:00 PM	Paths to QUALITY Introduction Session		TBD

Day	Date	Time	Title	CDA	County
Wednesday	02/01/2017	4:00-6:00 PM	Orientation I-Overview for participants who are interested in starting the business of child care Child Abuse and Neglect Detection and Prevention		TBD
Thursdays	02/02/2017 02/16/2017	6:00-8:00 PM	Kids Gone Wild: Promoting Social Emotional Competence in Preschoolers Part 3 Kids Gone Wild: Promoting Social Emotional Competence in Preschoolers, Part 4	CDA03 - 2.00hrs. CDA03 - 2.00hrs.	Howard
Friday	02/03/2017	1:00-2:00 PM	Webinar: First Friday Foundations: Inquiry Based Science	CDA02 - 1.00hrs.	Online
Saturday	02/04/2017 02/18/2017	9:30 AM-3:30 PM	Health and Safety Day 1 of 2, 5 hrs. (INHS) Health and Safety Day 2 of 2, 5 hrs. (INHS)	CDA01 - 5.00hrs. CDA01 - 5.00hrs.	Tipton
Tuesday	02/07/2017	6:30-8:30 PM	STEM: Beyond the Lego Table		Blackford
Thursday	02/09/2017	6:00-8:00 PM	Cooking with Kids	CDA01 - 1.00hrs., CDA02 - 1.00hrs.	Wells
Wednesday	02/15/2017	6:00-8:00 PM	Introduction to the NEW Indiana Early Learning FOUNDATIONS	CDA01 - 1.00hrs., CDA02 - 1.00hrs.	Miami
Thursday	02/16/2017	12:00-2:00 PM	School Age Child Development Module 4 (INHS)		Tipton
Monday	02/20/2017	1:00-3:30 PM	Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care	CDA01 - 2.50hrs.	TBD
Tuesday	02/21/2017	6:00-8:00 PM	The Musical Child	CDA02 - 1.00hrs., CDA08 - 1.00hrs.	Huntington
Wednesday	02/22/2017	1:00-2:00 PM 8:00-9:00 PM	Webinar: Top 10 School Age Standards Webinar: Top 10 School Age Standards (repeated)	CDA06 - 1.00hrs.	Online
Thursday	02/23/2017	6:00-8:00 PM	Paths to QUALITY Introduction Session		TBD
Saturday	02/25/2017	10 AM-12:30 PM 1:00-4:00 PM	Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care Orientation II-A requirement for family child care providers to become licensed		TBD
Monday	02/27/2017	6:00-8:00 PM	Once Upon a Time There was a Tablet	CDA05 - 2.00hrs.	Wabash

Day	Date	Time	Title	CDA	County
Wednesday	03/01/2017	10 AM-12:00 PM 12:30-2:30 PM	Orientation I-Overview for participants who are interested in starting the business of child care Child Abuse and Neglect Detection and Prevention		TBD
Wednesday	03/01/2017 03/08/2017 03/15/2017 03/22/2017 03/29/2017	6:00-8:00 PM	Child Development Module 1 (INHS) Health- Module 2 Part 1- Nutritional Practices 2hrs (INHS) Health- Module 2 Part 2- Vaccinations and Medications 2 hrs (INHS) Safety- Module3- Part 1 Building the Basics 2 hrs (INHS) Safety- Module 3 Part 2 Hazards 2 hrs (INHS)	CDA01 - 2.00hrs. CDA01 - 2.00hrs. CDA01 - 2.00hrs. CDA01 - 2.00hrs. CDA01 - 2.00hrs.	Jay
Friday	03/03/2017	1:00-2:00 PM	Webinar: First Friday Foundations: Won't Touch This, Sensory Processing and Science	CDA01- 1.50hrs., CDA02- 0.50hrs.	Online
Thursdays	03/09/2017 03/23/2017	6:30- 8:30 PM	On Board with School Age Behavior and Guidance, Part 1 On Board with School Age Behavior and Guidance, Part 2		Adams
Tuesday	03/14/2017	6:00-8:00 PM	Introduction to the NEW Indiana Early Learning FOUNDATIONS	CDA01- 1.00hrs., CDA02- 1.00hrs.	Fulton
Wednesday	03/15/2017	1:00-2:00 PM 8:00-9:00 PM	Webinar: Inclusion Policies Webinar: Inclusion Policies (repeated)	CDA05 - 1.00hrs.	Online
Thursday	03/16/2017	6:00-8:00 PM	School Age Child Development Module 4 (INHS)	CDA01 - 2.00hrs.	Jay
Monday	03/20/2017	6:00-8:30 PM	Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care	CDA01 - 2.50hrs.	TBD
Tuesday	03/21/2017	6:00-8:00 PM	Creative and Adaptive Arts: Visual Art (TA/Training Blend)	CDA03 - 1.00hrs., CDA07- 1.00hrs.	Miami
Wednesday	03/22/2017	5:00-8:00 PM	Orientation II-A requirement for family child care providers to become licensed		TBD
Tuesday	03/28/2017	6:00-8:00 PM	Won't Touch This: Sensory Processing	CDA02 - 2.00hrs.	Grant
Thursday	03/30/2017	6:00-8:00 PM	Paths to QUALITY Introduction Session		TBD

Training Titles	Training Descriptions and Age Group Focus
Setting the Stage: Creating Safe, Healthy, and Engaging Learning Environments, CDA Quarter 1	Quarter One of Four with sessions to support participants in obtaining the necessary hours towards their CDA. This quarter focuses on the safety, health and learning in environments. Participants must attend all four sessions. (Infant/Toddler, Preschool)
Introduction to the NEW Indiana Early Learning FOUNDATIONS	In this introduction to the Indiana Early Learning FOUNDATIONS (Revision 2015), learn how this early learning development framework provides core foundations and skills that children are to achieve at various ages. Explore ways to connect the Areas of Development of the FOUNDATIONS to providing appropriate learning experiences for young children. (Infant/Toddler, Preschool)
Webinar: Top 10 School Age Standards	Join the Child Care Solutions' School Age Specialist as she counts down the Top 10 School Age Standards and shares strategies to ensure your school age program is meeting them. (School Age)
Creative and Adaptive Arts: Visual Arts (TA/Training Blend)	Using art to nurture a child's curiosity is an important aspect of overall child development. This training will bring you some new ideas to help enhance the art experiences in your practice. Participants will also take a look at how to adapt art activities to include all children. (Infant/Toddler, Preschool, School Age)
Out Plan Them: Environmental Behavior Management, Part 1 and Part 2	Part one discusses environmental design to support appropriate behaviors. Part two looks at enhancing environments to support appropriate behavior development. Discussion throughout incorporates both the physical environment and the social emotional environment. (Infant/Toddler, Preschool, School Age)
Kids Gone Wild: Promoting Social Emotional Competence in Preschoolers, Parts 1-4	Upon completion of this training series, participants will understand the importance of building relationships, creating supportive environments, and employing social and emotional teaching strategies in order to decrease preschool children's challenging behaviors. (Preschool, School Age)
The Musical Child	Join us for this interactive session exploring why music is so vital to the growth and learning of young children and how to incorporate music into your teaching. (Infant/Toddler, Preschool)
School Age STEM: Beyond the Lego Table	Join the School Age Specialist for strategies to enhance your school age STEM programming. We will explore ways to build your repertoire on a budget. (School Age)
Cooking with Kids	Cooking with kids provides a variety of learning opportunities for children. Join us as we explore how to implement cooking with kids in your program and how to capitalize on the learning opportunities. (Preschool, School Age)
On Board with School Age Behavior and Guidance, Part 1 and 2	Learn about behaviors and where they come from. Reflect on the behaviors of yourself and the children in your care. Analyze factors that contribute to challenging behavior. In session 2, explore why rules are important. Learn how to create a positive atmosphere in your program and generate strategies for changing behaviors. (School Age)
Webinar: Inclusion Policies	Policies here and policies there; policies are everywhere. What do you need to consider and include in your policies regarding inclusion related issues? (Infant/Toddler, Preschool, School Age)
Webinar Series: First Friday Foundations: SCIENCE	The first Friday of January, February and March will explore different aspects of the science content area and how the 2015 Foundations can support children's learning. (Infant/Toddler, Preschool)
Once Upon a Time There was a Tablet	This overview of technology available for use in the classroom has participants defining technology, determining usages and activities, and considering appropriate use for the children. (Infant/Toddler, Preschool, School Age)
School Age Child Development Module 4 (INHS)	During the school-age years, the brain continues to undergo changes and develop - socially, emotionally, physically, and cognitively. Caregivers and teachers are in a unique position to provide a variety of experiences that support all areas of development. This course addresses the basic principles of development for school-age children and implications for learning environments. 11.Major domains of Child Development (recommended) (School Age)
Paths to QUALITY™ Introduction Session	The Paths to QUALITY™ Introduction Session is designed to provide child care providers with all the information they will need in order to participate in Indiana's quality rating and improvement system. You will learn about the four levels of participation, the enrollment process, coaching options, rater visits, incentives, and awards.
Orientation I-Overview for participants who are interested in starting the business of child care	This child care start-up workshop provides an overview for participants who are interested in starting the business of child care in a home, center, or ministry setting, and is the first part of a two-part series. It covers regulatory requirements, resources, and some information on health, safety and business practices. It serves to help participants with the decision-making process for choosing which type of care they would like to provide.
Child Abuse and Neglect Detection and Prevention	Created by the FSSA, Bureau of Childcare's Health Consultants, this one hour training provides participants with information on the prevalence of abuse and neglect, causes and prevention of abuse and neglect, and how to report abuse and neglect. This training will meet the standard for completing Child Abuse Detection and Prevention training as required by Indiana law for Unlicensed CCDF providers as well as any other child care providers who are required to complete the training.
Orientation II-A requirement for family child care providers to become licensed	Preparation for Home Child Care Licensure is the 2nd training in this two- part series designed to outline regulatory requirements, licensing steps and resources for providing licensed child care in a home environment. You will leave this training prepared to take the next steps to licensing your home and will receive the necessary paperwork.
Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care	Participants will increase their understanding of a safe sleeping environment for infants from newborn to twelve months of age. Focus will be on creating a safe and healthy sleeping area, risk reduction strategies for Sudden Infant Death Syndrome (SIDS), and accidental death prevention. This training is a pre-service requirement that satisfies Public Law 162-205 for home licensure, as well as Provider Eligibility Standards Certified home providers (CCDF Voucher). Child care providers from all settings are encouraged to attend this free training. (Infant/Toddler)

Want to sign up for a training? Contact us at Child Care Solutions by phone at 765-452-8870 or 800-493-3231. You can also email us by using the email addresses on the front page. Training registrations must be made 48 business hours in advance of the scheduled training.

What if you lose the calendar insert from the newsletter... Or if you left the calendar at home? Or if your children used it for artwork? Where can you find our training calendar again? There are several places that we post our training calendar to make it easily accessible to our child care providers. Below is a list and steps to find the calendar:



Training Central <http://www.iaccrr.org>

Choose **'Statewide CCR&R Trainings'** on the right side of the page. Then select a CCR&R from the drop down: Bona Vista Programs, Inc. The trainings will appear with pertinent information. This site will also let you search by other CCR&R's. Feel free to attend trainings in other counties hosted by another Resource and Referral Agency.



Facebook <http://www.facebook.com/bonavistachildcaresolutions>

Be sure to **'like'** us on Facebook at Bona Vista's Child Care Solutions! The calendar will be listed on the left side under **'notes'**. We also post several articles every month on topics of interest for child care providers and/or your families. When you **'like'** us, our posts will show up on your newsfeed.



Bona Vista <http://www.bonavista.org/>

Choose **'services'** on the top menu bar and then choose **'Child Care Solutions.'** No matter how you find our trainings, **please remember to call us and sign up at least 48 business hours prior to the event.**

Location:



Are you interested in starting a family child care? Do you know someone who is? We offer the four trainings needed to get your new business started. Knowing that interest in the licensing orientation training series varies, we will be offering Orientation I, Orientation II, Safe Sleep, Child Abuse and Neglect Detection and Prevention and the Indiana Health and Safety Orientation series monthly with locations to be determined (TBD). Location of each training/session will be determined by the first registrant from our 11 county area.

For more information on locations, to register or with questions please contact Allison Hillis, Professional Development Coordinator, toll-free at 800-493-3231 or email ahillis@bonavista.org.

Paths to QUALITY™ Introduction sessions will be scheduled individually with eligible providers. If you are newly licensed or VCP, we will coordinate with you for your introduction session. If you would like information on how you can become eligible for Paths to QUALITY™, contact one of our coaches at 765-452-8870 or 800-493-3231.



Congratulations!!

Please join Bona Vista's Child Care Solutions in welcoming the following child care providers to the Paths To QUALITY™ program:

- A Mother's Touch, Owner Sarah Campbell in Howard County
- Heaven's Tykes Too, Owner Dawnetta Sparks in Howard County
- Alpha & Omega Preschool, Director Marleen Standback in Howard County

Child Care Solutions congratulates the following providers for increasing their Paths to QUALITY™ Level:

- Busy Bees Daycare Center, Owner/Director Lou Ann Gross in Howard County, Level 2
- Melissa's Half Pint Daycare, Owner Melissa Wasson in Jay County, Level 2
- Little Ones Daycare, Owner Jessica Stoner in Adams County, Level 3
- Pipe Creek Elementary, Principal Laura Fulton in Miami County, Level 3

Recalls

FULLBEAUTY Brands: Children's Nightgowns

Hazard: The nightgowns fail to meet federal flammability standards for children's sleepwear, posing a risk of burn injuries to children.

Contact: FULLBEAUTY Brands at 800-313-8803 from 8:30 a.m. to 5:30 p.m. ET Monday through Friday, email fbrecall@fbbrands.com or online at www.fbbrands.com and click on Recall Information for more information.



Peg Perego: Children's Ride-On Vehicles

Hazard: A relay on the circuit board can fail causing the vehicle's motor to overheat and ignite, posing fire and burn hazards.

Contact: Peg Perego toll-free at 877-737-3464 from 8 a.m. to 5 p.m. ET Monday through Friday, email at 850recall@pegperego.com or online at <http://us.pegperego.com> and click on "Customer Service" and then on "Recalls" for more information.



Skidders Footwear: Children's Shoes

Hazard: The rivets on the shoes have sharp edges, posing a laceration hazard.

Consumer Contact: Consumers should immediately take the recalled shoes away from children and contact Skidders Footwear to receive a full refund.