



# Bona Vista Programs Inc. Early Head Start

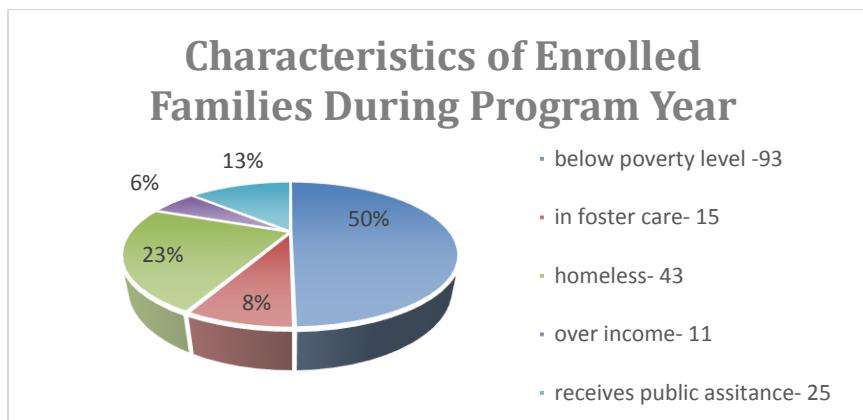
## Annual Report 2015-2016



### **Summary of Programming**

Early Head Start (EHS), a program through Bona Vista Programs, Inc., currently serves 114 pregnant women and children from birth to age three. We serve Miami and Howard counties in Indiana. The EHS programming options include Center Based funded for 56 children, Prenatal funded for 12 women, Home Based funded for 46 children.

The Early Head Start (EHS) program is for low-income and otherwise at risk infants, toddlers, pregnant women and their families. EHS programs enhance children's physical, social, emotional and intellectual development. EHS assists pregnant women to access comprehensive prenatal and postpartum care, and we support parents' efforts to maximize their parental roles while striving toward self-sufficiency.



### **Performance Indicators**

- 114 children and pregnant mothers were continuously enrolled utilizing 100% of funded enrollment
- 161 total children and 26 pregnant mothers were served
- 195 children were waitlisted for services
- 34 children served with a diagnosed disability
- Children enrolled for:
  - First year- 70
  - Second year- 52
  - Three or more years- 40
- 85% of enrolled children were supported in obtaining well child checks
- 84% of enrolled children received dental examinations and preventative care
- 83% of enrolled children received all recommended immunizations

### **Grants Awarded**

In cooperation with Keys for Kids Preschool, EHS was awarded \$20,000 Champions for Healthy Kids Grant. This grant allowed for child and family education around healthy living including nutrition and physical fitness. Funds from this grant supported the establishment of shared gardens, a natural playground, and 3 community education events around children's nutrition.

EHS was awarded the Delta Dental grant for \$1,638. This grant provided educational materials and training for EHS staff on the BRUSH dental education program, a tool to educate children and families about the importance of dental hygiene for infants and toddlers.



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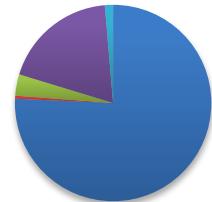
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### Fiscal Year 2015-2016

|                                | <b>BUDGET</b>      | <b>ACTUAL<sup>1</sup></b> |
|--------------------------------|--------------------|---------------------------|
| PERSONNEL                      | 68%                | 70%                       |
| FRINGE BENEFITS                | 19%                | 21%                       |
| SUPPLIES                       | 6%                 | 4%                        |
| OTHER                          | 6%                 | 2%                        |
| TRAINING AND EDUCATION (STAFF) | 3%                 | 4%                        |
| <b>TOTAL</b>                   | <b>\$1,287,716</b> | <b>\$1,287,716</b>        |

### Funding Sources



- Office of Head Start Federal Grant Award \$1,206,211
- Child Care Development Fund Vouchers \$25,000
- Child and Adult Care Food Program \$56,200
- Non-federal Share \$301,553
- Grants for program improvements \$21,638

### Audit and Review Findings

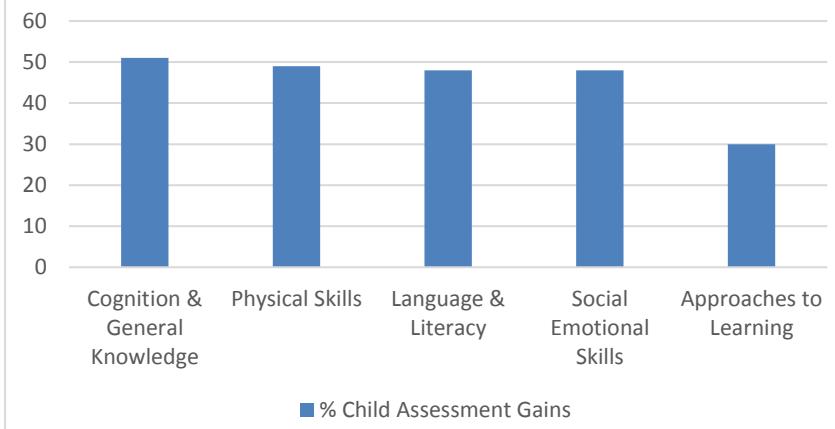
Our Environmental Health and Safety Review was conducted November 3-5, 2015. Early Head Start program was in compliance with all applicable Head Start Program Performance Standards, law, regulation and polies.

A fiscal audit was conducted on Bona Vista Programs Inc. on September 21, 2015. We were found to be in compliance with requirements that could have a direct and material effect on all federal programs.

### EHS Efforts to Prepare Children Developmentally for Head Start

Early Head Start utilizes the Creative Curriculum to support the development of individualized child education goals and lesson plans. To assess the progress of children, ISTAR-KR is used. A derivative of Indiana's Early Learning Standards, ISTAR-KR is aligned to the Indiana Standards for kindergarten in the areas of English/Language Arts and Mathematics and includes three functional areas: physical, personal care and social-emotional skills. Utilizing the Creative Curriculum and ISTAR-KR enables Early Head Start to support children's school readiness by establishing personalized educational plans for each child.

### Bona Vista Early Head Start Individual School Readiness Gains 2015-2016



<sup>1</sup> Based upon estimates of expenses for final month of program operation



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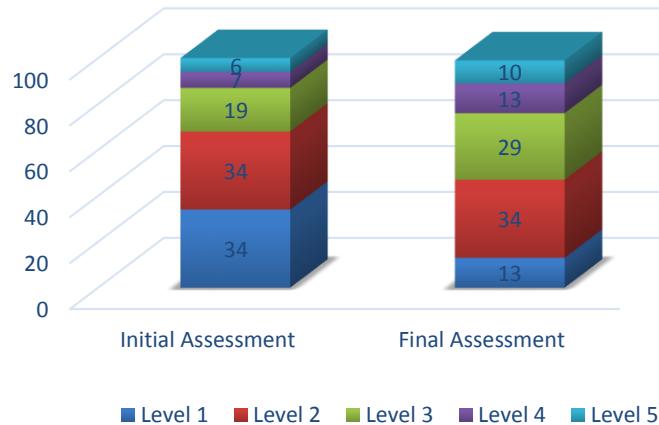
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Our assessment outcomes for the year show:

- 77% of our children enrolled are meeting or exceeding their developmental goals.
- 92% of children enrolled made educational gains during the program year.
- More than 50% of children made gains in cognition and general knowledge.
- Children enrolled in the program for more than one year showed the greatest level of educational gains.

### Children's Progress From Assessment



### Efforts to Support and Engage Families

- 100% of EHS families participated in our Family Partnership Agreement Process.
- 100% of families were offered opportunities to participate in curriculum at home activities.
- Policy Council Meetings are held once a month for parents and community partners to provide policy review and guidance for the program. 8 families actively participated in this process.
- To support Early Head Start Families, family education is a program focus. Education efforts include targeted events, one on one coaching and support from Family Advocates, and the sharing of community resources
  - 60% families demonstrated an increase of knowledge in children's dental hygiene
  - 63% of families demonstrated an increase of knowledge in supporting their child(ren)'s social emotional health
  - 100% of families showed an increase of knowledge regarding children's nutrition

### Employee Information

Quality staff are essential to the success of Bona Vista's Early Head Start Program. To ensure quality, all new hired staff complete a state and federal background check. New staff are also supported by a 60 day comprehensive training program. Veteran staff are supported by monthly professional development opportunities.

Educational Background of Early Head Start staff:

- 100% of management staff have a minimum of a Baccalaureate degree.
- 66% of lead teachers have an Associate's degree or higher in Early Childhood or other education field
- 100% of teachers have a minimum of a Child Development Associate Credential.
- 100% of staff have specialized training in infant toddler mental health, family wellness, and child cognition.
- All staff have opportunities for supported professional development growth including individualized coaching through Practiced Based Coaching and Conscious Discipline coaching.
- Program wide professional development focus on social emotional growth and development through collaboration with statewide Caregivers Learning Indiana's Model for Building Social Skills supported by our onsite educational coach and the local Child Care Resource and Referral, Child Care Solutions.



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### Recognition of Quality Programming

EHS received a renewal of our national accreditation award at both our locations through the National Association for the Education of Young Children.



This year EHS was re-awarded the Paths to Quality Level 4 programming award from the State of Indiana, the highest level achievable at both locations.

EHS is recognized as an Indiana State Licensed Child Care Facility. The Indiana State Child Care License is written into law under Indiana Code (IC) 12-17.2 and establishes the authority for Indiana Family and Social Services Administration to regulate child care in the State.



“I really like the program. It helped me out a lot while I worked. My daughter liked it too she learned tons”  
~ Early Head Start Family~

“[EHS] is awesome with my son. I would not want to take my son anywhere else.”  
~ Early Head Start Family~

For more information on Bona Vista Programs Early Head Start, please contact our main offices.

1220 East Laguna  
Kokomo, IN 46902  
765-457-8273

105 South Benton  
Peru, IN 46970  
765-473-6744

Amy Healton MS, CLC, IMH-E® (II)  
Early Head Start Director

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